

# THE HOSPITAL HUSTLE

## 5K Race & Fun Walk

May 7, 2011

Registration 5 to 5:45 p.m.

Race begins 6 p.m.

Hamburgers, hotdogs & live music after the race!

EVENT WILL START AND END AT CEDAR HEIGHTS ELEMENTARY SCHOOL

Pre-registration: Lori Messenger  
Woodward Regional Hospital  
900 17<sup>th</sup> Street  
Woodward, OK 73801  
580-254-8665



Name: \_\_\_\_\_ Address: \_\_\_\_\_  
Age on race day \_\_\_\_\_  
Date of Birth: \_\_\_\_\_  
Sex: \_\_\_\_\_  
Phone: \_\_\_\_\_ Please Circle: 5K or Fun Walk

Shirt Size: Youth size: M, L Adult size: S M L XL XXL

Please make checks to: Woodward Regional Hospital  
Registration on or before April 22, 2011 = \$15  
After April 22, 2011 = \$25

I know that running in a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know there will be a possibility of traffic. I assume the risk of running in traffic, I also assume any and all other risks associated with running in this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity and the conditions of the roads, all risks being known and appreciated by me. Furthermore, I agree to yield to all emergency vehicles. Knowing these facts and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim in my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police including any and all of their agents, employees, assigns, or anyone acting for or on their behalf from any and all claims or liability for injury or death, personal negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever arising out of, or in the course of my participating in this event whether same be caused by undersigned further grants permission to sponsors and/or agents authorized by them to use any photos, video tapes, motion pictures, or any other record of this event for any purpose. Minors accepted only with parent or guardian's signature.

Please sign here: \_\_\_\_\_

If under 18 year of age, parent/guardian please sign here: \_\_\_\_\_