

**Woodward**  
Regional Hospital

# Health Connection

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*Health  
Connection  
gets a fresh  
look!*

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## To our COMMUNITY

**DAVE WALLACE, FACHE**  
Chief Executive Officer

### DEAR FRIENDS,

Each October, the color pink marks the arrival of National Breast Cancer Awareness Month. At Woodward Regional Hospital (WRH), we join in efforts to promote screenings and early detection of the cancer that 200,000 American women are diagnosed with each year.

Sometimes screening mammograms can detect cancer before tumors can be felt. That's why the American Cancer Society recommends yearly mammogram screenings for all women ages 40 and older. WRH offers digital screening mammograms, and getting an appointment is as easy as calling **(580) 254-8440**. Call today for yourself, or urge the women in your life to make an appointment.

Also be sure to read our article here about our new breast health service that provides stereotactic breast biopsy, which is a safe, less painful and less invasive form of breast biopsy. And in this issue, you'll read the words of three emergency room patients and learn more about R. Troy Lehman, D.O., an Ob/Gyn on our medical staff.

We're committed to you and your loved ones. Thank you for allowing us to be your hospital of choice.

Regards,

**Dave Wallace, FACHE**

*Chief Executive Officer  
Woodward Regional Hospital*



**BRENDA HUENERGARDT, M.D.**  
GENERAL SURGEON

## Stereotactic breast biopsy

### Easing worry and discomfort

➤ **“The radiologist reading your mammogram has detected a small lump in your breast and I recommend that you have it biopsied,”** says your physician. These words may raise concern and memories of other women's stories about painful biopsies.

To serve you better, Woodward Regional Hospital (WRH) recently invested in technology that allows a new procedure that may ease the anxiety about a biopsy. The procedure, stereotactic breast biopsy, is less invasive and less painful than open surgical biopsies. Computer-guided imaging locates the suspicious breast tissue identified on a mammogram and a small needle removes it. This outpatient procedure is done in about an hour using local anesthesia.

“Early detection and accurate diagnosis are important first steps to successful treatment,” says Brenda Huenergardt, M.D., a general surgeon who provides breast cancer care in Woodward and is a member of the medical staff at WRH. “We have a really good mammography and ultrasound setup, and now we're thrilled to have stereotactic biopsy. This really strengthens our ability to provide early detection and accurate diagnosis. Patients can get advanced diagnoses without having to travel to Oklahoma City.” ●



### Stay healthy!

Visit [www.WoodwardHospital.com](http://www.WoodwardHospital.com) and click on “Health Resources” to find your guide to being well and staying healthy.



➤ (L-R) LORRAINE FREEMAN, NAN WALTON, THOMAS DANIELS AND DR. MARTIN.



# Compassionate care in a crisis

Three ER patients tell their story

## ➤ Lorraine Freeman and Nan Walton have been playing bridge

together for at least 10 years. “We get dressed up and act like we’re really going somewhere,” says Walton. On April 13, they picked up a friend west of Woodward on their way to bridge. Freeman pulled onto the highway and was building speed when a car drifted left of center and struck them head on. “When you look at my car, you wonder how anyone survived the accident,” says Freeman.

Freeman and Walton were taken by ambulance to Woodward Regional Hospital (WRH). “They checked us from head to toe. Everyone was so kind. My husband said they kept checking on him and that sure was nice,” says Walton. Freeman joked with the staff that she wanted to get out in time to watch the Thunder play basketball. “I have nothing but good things to say about Woodward. Dr. Martin was very nice and very caring.”

## What about the other driver?

The day of the accident, Thomas Daniels, who has worked in the Lawn & Garden area at the Woodward Walmart for 12 years, went to work. What had started

as only a sore throat turned into flu symptoms and, by lunch time, he decided to leave for home. He remembers seeing a blue car a second before he blacked out. Daniels was stabilized at WRH before being flown to Deaconess Hospital in Oklahoma City. Corey E. Mayo, D.O., orthopedic surgeon, worked on Daniels’ crushed lower leg. Daniels’ tibia and fibula suffered many fractures, so a rod was inserted to provide stabilization. He’s now able to walk with assistance from crutches and plans to return to work when he completes rehabilitation.

“I don’t remember much about the emergency room, but my mom was really impressed with everything and liked Dr. Martin,” says Daniels. “I’m so thankful Dr. Mayo was my surgeon at Deaconess. He has been really great and I’m able to have all my follow-up appointments in Woodward.” Dr. Mayo and Zane E. Uhland, D.O., orthopedic surgeons, see patients in Woodward on Mondays and Fridays.

The patients are gradually recovering. Daniels says Freeman and Walton checked on him after the accident. “They were more worried about me because they thought I was hurt worse.” ●



**Don’t wait for an emergency!**

Learn more about all that WRH has to offer you and your family by visiting [www.WoodwardHospital.com](http://www.WoodwardHospital.com) and clicking on “Our Services.”

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The information contained in this publication is not intended as a substitute for professional medical advice. If you have medical concerns, please consult your health care provider.

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## MEDICAL STAFF SPOTLIGHT

The experienced and dedicated medical staff of Woodward Regional Hospital can keep you and your loved ones healthy. We'd like to introduce one to you.



**R. Troy Lehman, D.O.**  
Obstetrics/Gynecology

1650 Main St., Suite C • Woodward • (580) 571-8081

Our community's new Ob/Gyn specialist, R. Troy Lehman, D.O., a member of the medical staff at WRH, has roots in Woodward. His grandmother was raised here and some of their relatives still live on the family ranch north of town. So when Michael Ogle, M.D., a partner in the ER Management Group at Woodward Regional Hospital (WRH), called to say there was a practice opportunity in Woodward, Dr. Lehman wanted to know more. It turns out that he and his wife Angie were a natural fit for Woodward. They enjoy living in a small community and getting to know their patients, who

are "friends, neighbors, church members, and community leaders," he says.

Dr. Lehman graduated from East Central University in Ada, Okla., before medical school at Oklahoma State University—College of Osteopathic Medicine in Tulsa, and he completed his obstetrics and gynecology internship and residency at Metropolitan Hospital in Grand Rapids, Mich. He's a Fellow of the American College of Osteopathic Obstetricians and Gynecologists and was voted "Oklahoma Rookie of the Year 2005" by the Oklahoma Osteopathic Association.

"I became a physician because I wanted to make a difference in people's lives," says Dr. Lehman. "I was a corpsman in the Naval Reserve and enjoyed patient care and interaction, but wanted to be more involved in patients' overall progress. I'm looking forward to getting started in Woodward and excited about meeting new patients and friends."

In addition to providing prenatal care and delivering babies at WRH, Dr. Lehman offers well-woman exams and treatment for pelvic pain, infertility, abnormal bleeding, hormonal issues and menopause. He provides management of birth control and screening and prevention of cervical and other gynecological cancers.

Dr. Lehman enjoys golf and scuba diving. He and Angie enjoy family activities with their four children, who are active in cheering, golfing, modeling, singing and acting.



## Did you know?

Finding a physician is easier than ever: Visit [www.WoodwardHospital.com](http://www.WoodwardHospital.com) and click on "Find a Physician" to locate a primary care physician or another specialist today.

### Need an appointment?

To schedule an appointment with Dr. Lehman, call (580) 571-8081. Same-day and next-day appointments are often available.